

SOCIAL & ECONOMIC COST OF EATING DISORDERS IN ALASKA

Report by the Strategic Training Initiative for the Prevention of Eating Disorders,
Academy for Eating Disorders, and Deloitte Access Economics

STRIPED

Strategic Training Initiative for the Prevention of Eating Disorders

A PUBLIC HEALTH
INCUBATOR

[LINK TO REPORT](#)



Academy for
Eating Disorders

PREVALENCE & MORTALITY

EATING DISORDERS AFFECT EVERYONE:



- All ages, starting as young as 5 years old to over 80 years old
- All races, however, people of color with eating disorders are **half as likely to be diagnosed or to receive treatment**¹
- All genders, with females being **2x more likely to have an eating disorder**
- All sexual orientations

64,915

Nine percent of Alaskans
(**64,915 people**),
will have an eating
disorder in their lifetime

10,200 deaths per year nationally as a
direct result of an eating disorder,
equating to **1 death every 52 minutes**



COST TO ECONOMY & SOCIETY IN ALASKA

**\$145.8
Million**

Yearly economic cost
of eating disorders

Additional loss
of wellbeing per year

**\$735.9
Million**

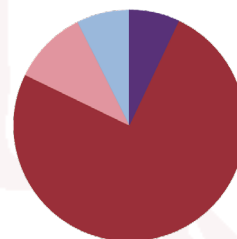
Cost Breakdown:

Productivity Losses (\$109.5M)

Informal Care (\$15.1M)

Efficiency Losses (\$10.8M)

Health System (\$10.4M)



COST TO HOSPITAL SYSTEMS:

**121
ER visits**



costing
\$66,042

**53 inpatient
hospitalizations**



costing
\$472,665

LOSS PER GROUP:



**\$53M
Individuals
& Families**

Caregivers provide 6 weeks of
informal, unpaid care per year



**\$39.9M
Government**



**\$36.7M
Employers**



**\$16M
Society**

¹Sonneville KR, Lipson SK. Disparities in eating disorder diagnosis and treatment according to weight status, race/ethnicity, socioeconomic background, and sex among college students. International Journal of Eating Disorders 2018: 1-9.
Note: State-level data are estimates based on U.S. Census Bureau population statistics (2018). [Link](#) to data.



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